



### **Public Defender Mutual Support Space**

The Public Defender Association of Pennsylvania is proud to announce the creation of the Public Defender Mutual Support Space. This space will provide a professionally facilitated support group to all members of Public Defender offices throughout the Commonwealth of Pennsylvania. The stressors from the nature of our work have demonstrated a need for a confidential and supportive environment. This Public Defender Mutual Support Space has been created as a venue to process these challenges with peers to increase health and wellness in the work setting.

Group Sessions will be facilitated by a licensed professional counselor and take place on the first Tuesday of each month at 2:00 PM and the third Thursday of each month at 7:00 PM via Zoom.

**Tuesday, August 1<sup>st</sup> 2023, at 2:00 PM**



Meeting ID: 861 2237 5351  
Passcode: 203104

**Thursday, August 17<sup>th</sup> 2023, at 7:00 PM**



Meeting ID: 818 8907 2621  
Passcode: 671762

### **Objectives**

- Provide education on common challenges and stressors for Public Defenders and other members in the office.
- Provide a supportive, confidential, and safe environment for peers in Public Defender's offices to meet and share challenges and impact related to the work of the office.

If you have any questions or would like any additional information, please do not hesitate to reach out.  
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